



Lincolnshire **NHS**

ISSUE 21 / SUMMER 2013

The newsletter for families with children or young people with disabilities in Lincolnshire - now incorporating Short Breaks

## LAFTA is the best medicine



Children and young people from the Disability Lincolnshire Shadow Transition Board service at Action for Children recently won a LAFTA for a short film that they made. The LAFTA (Lincolnshire Awards for Film, Teamwork and Achievement) was presented to the group at a glittering ceremony by Lincolnshire-based star of the silver screen, Jim Broadbent.

The LAFTAs is an Oscar-style film awards ceremony aimed primarily at schools or educational settings. They focus on improving literacy skills, through taking a visual approach to storyboarding, storytelling and structuring non-fiction, through the making of film and animation.

Disability Lincolnshire got involved with the project as they run a consultative group for disabled children and young people aged between 13-25 who are used to consult with on a wide range of issues that affect them. The service wanted the children and young people to learn to use film to express themselves. As a consequence, they now regularly film themselves and others, and this is much more eloquent than their limited written or verbal abilities.

As the service is located next to Lincoln Castle, they decided to tell the story of Robin Hood. They did all the filming, storytelling and decided on the use of the figures to represent the Sheriff's men. CI Media, who were doing the training, helped them to edit it and the group decided they wanted to submit it to the competition. *(continued on p.3)*

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Our Short Break activity timetables and provider details can now be found on the [www.cwdsi.co.uk](http://www.cwdsi.co.uk) website or by contacting **01522 553536**

# Letters

## from our readers

Hi 4all

We have a number of parents attending our group who are desperate for advice about their children not sleeping. Have you any thoughts?

Mr Peter Johnson

The Children's Sleep Charity has been set up to support parents and practitioners to ensure that children get a better night's sleep. The charity organises training sessions across the country and also can signpost families to the Early Support booklet on sleep that they have recently produced.

For more details about the charity and the support that they provide, please log onto their website at

[www.thechildrenssleepcharity.org.uk](http://www.thechildrenssleepcharity.org.uk) or visit their Facebook page "The Childrens Sleep Charity".

Dear 4all

I'd like some more information about benefits as I'm not completely sure we get everything we're entitled to.

Thank you

Jacky Cline

Turn2us have launched a new Benefits Awareness website, which includes a benefits calculator, factsheets and a "decision tool", all of which could all help you make sense of all the benefits available. Find out more at

<http://bam.turn2us.org.uk>

You could also try the Benefits Calculator at [www.gov.uk/benefits-adviser](http://www.gov.uk/benefits-adviser) which can give you an estimate of which benefits you might be entitled to and advice on how to claim.

These calculators are only really guidelines and if you want more information, you should speak to a Benefits Adviser on the Benefits Advice line - **0800 882 200** (Mon-Fri 8am to 6pm).

Dear 4all

I normally try to attend the Lincoln Autism Conference but missed it last year. Can you tell me if it is on again this year so I can try to book?

Many thanks

Julie Ellis

The 15th Annual Lincoln Autism Conference (formerly held at Branston Hall) has a new venue for 2013.

Sue and Carol who organise the event told us that the Conference will take place this year on Tuesday 12th November at the Lincolnshire Showground.

Geoff Evans will be back and other speakers will be announced nearer the time.

It is anticipated that as well as the 2 main sessions, there will be various small sessions to choose from.

Flyers will be sent out early in September with booking forms so hopefully you'll get all the details then - you have plenty of time!

For more details after September please contact Carol at [carol.bentley@ulh.nhs.uk](mailto:carol.bentley@ulh.nhs.uk)

Dear 4all

We very much want to have a family holiday abroad later in the year but as my daughter is disabled and sitting in a standard airline seat is not very practical, a friend suggested we hire a travel seat for the plane but I'm not sure what she means.

Can you help?

Mrs Sandford



The TravelChair from Meru might be a solution, and this can be hired or purchased for use on UK-registered airline planes. It fits into a standard airline seat and is suitable for disabled children from 3 – 11 years (depending on their size and weight). The adjustable headrest, footrest and body harness provide various levels of postural support which can allow even severely disabled children the option to fly.

Virgin Atlantic, British Airways and Monarch airlines have been using the Air Chair, the forerunner to the TravelChair, for the past ten years. When booking an airline ticket for a disabled child it would be worth enquiring if the airline has the availability of one of these chairs or the TravelChair for the child's use.

For more information about hiring, buying or which airlines offer the Travelchair, go to <http://meru.org.uk> or call **01372 725 203**.



## KIDS Crèches

Since January 2012, KIDS has been offering support to children with disabilities under 5 years and their families by providing crèches within Children's Centres across Lincolnshire.

Each crèche offers a Parent Support Hour and the children have 1 hour and 59 minutes of dedicated educational provision with their KIDS crèche keyworker, with the aim of supporting their progression to either mainstream or special school before their sixth birthday.

The crèches at Boston, Lincoln City North, Birchwood, Skegness and Gainsborough are thriving, often having the maximum number of ten children attending. There are still spaces available in the crèches at Stamford, Spalding, Holbeach, Sleaford, Louth and Mablethorpe.

KIDS has not only promoted and delivered the Early Support Parent/Carer Workshops at Spalding, Lincoln and Skegness this year, but has also trained more parents and professionals to cascade this training throughout the county, enabling wider support to more families with disabled children.

Adding value to the service provided, KIDS also organises subsidised (via Short Breaks and sponsorship funding) trips out for the crèche families and visits to the crèche by other providers e.g. Pete the Music Man and Didgeridoo Sound Therapy.

This summer, building on the success of 2012, KIDS will be funding a beach hut at Mablethorpe for families to hire for FREE for the day, in addition to the one at Skegness.

For more information about KIDS in Lincolnshire, as well as to hire the beach huts, contact Ruth Smith on **07818 594256**.



**contact a family**  
for families with disabled children

Contact a Family has put together two template letters to be used by parents where a disabled child's need for their own bedroom is not being taken into account by their local housing benefit office (click on "Resource library" and search for "bedroom tax"), and have also developed a new guide for fathers of disabled children (search for "fathers") as well as one for grandparents (search for "grandparents").

All these documents can be downloaded from [www.contactafamily.org.uk](http://www.contactafamily.org.uk)

## LAFTA is the best medicine (continued from front page)

One of the young people said: "We got to have a go at choosing the right sort of music and effects for each scene. It was fun to see what we could do on the computer. I learnt a lot and I am looking forward to doing this again".

They were very excited to hear they had been shortlisted for a prize and invited to attend the event, which took on the razzmatazz of a Hollywood Oscars ceremony. The young people were sat at a formal table, complete with popcorn and everyone nominated was given a goody bag donated by film companies. It was not until the evening itself that they heard Jim Broadbent would be presenting the awards and they were very surprised when he announced that Action for Children were the winners!

Congratulations to the children and young people at Disability Lincolnshire, Shadow Transition Board!

For more information about the Disability Lincolnshire, Shadow Transition Board, contact Action for Children on **01522 546516** or email [disabilitylincolnshire@actionforchildren.org.uk](mailto:disabilitylincolnshire@actionforchildren.org.uk).



# D-DAY

## for welfare reforms

Wide ranging changes to the UK's welfare system came into force in April. We have a look at the changes that may affect people with disabilities and learning difficulties.



The Welfare Reform Act 2012 legislates for the biggest changes to the UK's welfare system for over 60 years, many of which started to take effect from this April.

The wide ranging reforms being introduced under the Act includes various elements that will have a significant impact on people with a learning disability and their families. These include:

### Reforms to Disability Living Allowance

Disability Living Allowance (DLA) will be replaced by a new benefit called Personal Independence Payment (PIP) for eligible working age people aged 16 to 64. The introduction of PIP for new claims started in April.

DLA for existing claimants will be phased out over the next few years, even if claimants have an indefinite award period. There are no current plans to replace DLA for children under 16 and people aged 65 and over who are already receiving DLA.

New claimants, as well as all existing claimants of DLA, will need to undertake a new PIP assessment,

which will focus on an individual's ability to carry out a range of activities essential for everyday life. Information will be gathered from the individual, as well as healthcare and other professionals who work with and support them. Most people will also be asked to a face-to-face consultation with an independent assessor as part of the claim process.

There is no automatic transfer from DLA to PIP. Existing DLA claimants will be written to by the Department of Work and Pensions and invited to make a new claim.

Jane Alltimes, senior campaigns and policy officer at Mencap, says: "The government has estimated that 600,000 disabled people, which may include some people with a learning disability, will lose out on support under PIP by 2018.

"Mencap is working with Disability Rights UK to ask disabled people about what they think the change to PIP will mean for them."

See below for more about this, and where to complete Mencap's on-line survey.

## Household benefits

The Universal Credit will replace a number of existing means-tested benefits including Income Related Employment and Support Allowance, Income Support, Tax Credits and Housing Benefit.

Universal Credit will be phased in over the next few years. It will be paid monthly and mean that the total amount of benefits a household receives will be capped. The household cap on total benefits began in April 2013.

“Although the government has said that all households with a disabled person will be exempt from this cap, there are still significant issues,” says Jane Alltimes. “For example, the cap will apply to parent carers who are looking after their disabled adult children in their home, potentially leaving them with a reduced income.”

## Accommodation size

The Welfare Reform Act also introduces new rules for the size of accommodation that Housing Benefit, and then Universal Credit, will cover.

From 1st April 2013, tenants renting from a local authority, housing association or other registered social landlord will receive Housing Benefit based on this new size criteria.

This allows one bedroom for each person over 10 or each couple living as part of the household. Tenants with one spare bedroom will lose 14% of their Housing Benefit while those with two or more bedrooms spare will lose 25%.

Although the rules say that disabled people will be allowed an additional bedroom for a non-resident carer who provides them with overnight care, this so-called “bedroom tax” will have a significant impact on many disabled people, their families and carers.

Mencap has expressed deep concern about the impact of this new policy on disabled people. And in February, along with six other charities, Mencap wrote to the government urging them to exempt disabled

people and their families from the new criteria where they have been assessed as needing an additional bedroom.

On 12th March, the government dropped its plans to apply the new rules to disabled children where it is assessed they need their own room, which was welcome news.

However, the rules will still apply to disabled adults. This means that any couple that includes at least one or more disabled person will lose some of their housing benefit, even if they are assessed as needing an additional bedroom. Government figures show this affect around 420,000 disabled people.

Jane Alltimes add: “The collective impact on people with a learning disability of the government reforms that kicked in in April remains as yet unknown. However, these changes could represent a serious threat to the independence and quality of life of disabled people and, understandably, people are incredibly worried.”

Read Mencap’s briefing at [www.mencap.org.uk/campaigns/what-we-campaign-about/welfare-reform](http://www.mencap.org.uk/campaigns/what-we-campaign-about/welfare-reform)

An easy read version is also available.

To take Mencap’s survey on PIP, go to [www.surveymonkey.com/s/howwillPIPwork](http://www.surveymonkey.com/s/howwillPIPwork)

*This article first appeared in **viewpoint**, Mencap’s learning disability magazine, in issue 133 (March/April 2013).*

For more information about Mencap, go on-line to [www.mencap.org.uk](http://www.mencap.org.uk) or call direct on **0808 808 1111**.

Alternatively follow them on social media:



[www.facebook.com/Mencap](http://www.facebook.com/Mencap)



[www.twitter.com/mencap\\_charity](http://www.twitter.com/mencap_charity)

## Action for Children Holiday Clubs

Action for Children will be running holiday clubs in the following schools across Lincolnshire this summer:

- Garth School, Spalding
- Sandon School, Grantham
- Willoughby School, Bourne
- John Fielding School, Boston
- Aegir and Warren Wood Schools, Gainsborough
- St Francis School, Lincoln
- St Bernard's School, Louth
- St Lawrence School, Horncastle.



All clubs run two days per week throughout the summer holidays (venue permitting).

The clubs run 10am - 3pm and cost £12 per day. Activities include: swimming, cooking, sports, music, dance, arts and crafts as well as days out!!

Action for Children also has community and youth groups running in each area of Lincolnshire.

For more information, please contact Action for Children on **01522 546516** or email [disabilitylincolnshire@actionforchildren.org.uk](mailto:disabilitylincolnshire@actionforchildren.org.uk)

## Family Disability Sports Day held at Meridian Leisure Centre

The Meridian Leisure Centre will be hosting a Family Disability Sports Day, organised by the Louth Disability Sports Forum.

On Saturday 28th September, from 10am until 4pm, friends and families can try a diverse range of activities on offer including Goal Ball, Rebound Therapy, Wheelchair Basketball, New Age Curling, Bike Ability, Table Cricket, Swimming and Archery. The sports day is open to anyone with a disability who would like to try a range of sports.

The event, which is organised in partnership with East Lindsey District Council, Lincoln & Lindsey Blind Society, Louth and District Disability Archery Club and SENSE, is a direct legacy and a celebration of the anniversary of the London 2012 Paralympic Games and the three year anniversary of the formation of Louth Disability Sports Forum. The cost is £5 per person with one carer going free.

For more information please contact Louth Disability Sports Forum on **01507 610925** or e-mail: [Karina.BeitmannWard@sense.org.uk](mailto:Karina.BeitmannWard@sense.org.uk)

## Short Breaks Caravans under New Management!



Short Breaks is pleased to let you know of some changes to the caravans at Butlins, Skegness.



The caravans are now

under new management thanks to Lincoln City FC Sports & Education Trust, who are now fully responsible for the complete running of the caravans as from the beginning of June 2013.

These breaks are heavily subsidised by Lincolnshire County Council and the price of £200 is per caravan (not per person) for a 3 night weekend break or 4 night weekday break including full access to the Butlins main resort.

We have a choice of two caravans: a fully adapted wheelchair accessible caravan sleeping up to 5 guests, including a bedroom with adapted bed, hoist and en-suite wet room or a specially adapted caravan for children with challenging behaviour sleeping up to 7 guests and is a little further away from the hustle and bustle of the main resort. Any family who has a child with a disability of any nature may book a caravan short break.

There is lots of availability from September onwards and due to cancellations we now have some availability for this season. For more information, contact Lincoln City FC Sports & Education trust on: **01522 563792**.



## FAB! awards 2013

This year's FAB! Awards took place at the EPIC centre at the Lincolnshire Showground on Saturday 23rd March. Despite heavy snowfall and freezing conditions, 320 people attended, most of them children, young people and their carers.

This year's FAB! had a science and art theme, linking with science week. There were loads of fun activities and workshops in the morning, for children, young people and adults to get stuck into. This included a new open-mic stage, Sound Spiral, a planetarium, painting with light, alien-making, graffiti space-art and a CSI experience for would-be criminologists!

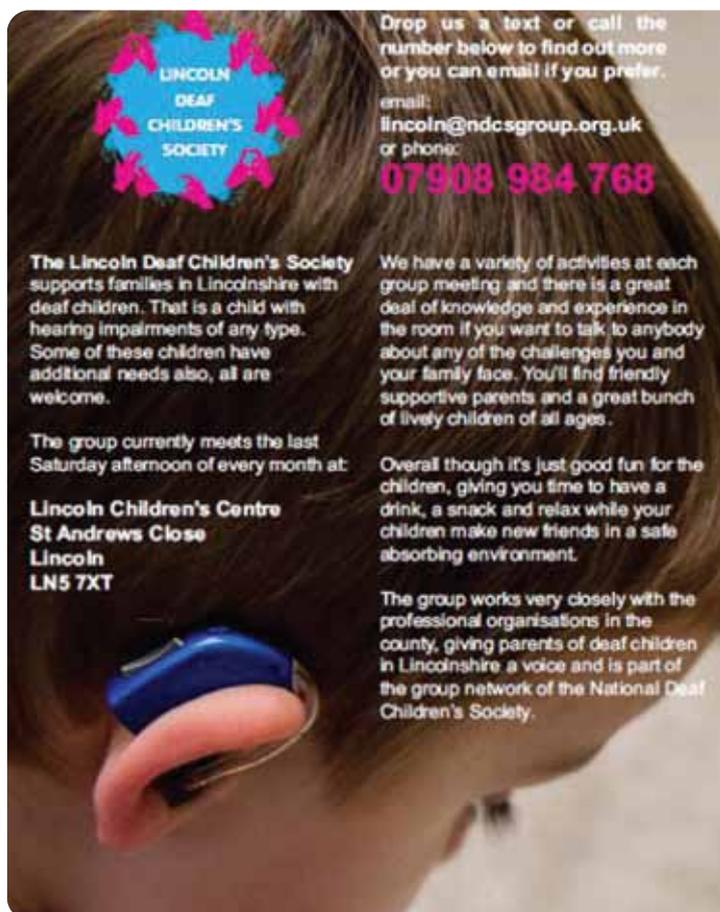
This year saw 209 children and young people win FAB! awards. This is the highest ever number with the new addition of the 15 years long service awards for Lincolnshire's foster carers.

The Foster Carer's Conference took place at the same venue during the morning, with a crèche provided by fostering staff volunteers.

The event, led by the Training and Development team, was well attended and focussed on understanding trauma and attachment to help strengthen placement stability.

For more information about FAB! 2013 please contact [participation@lincolnshire.gov.uk](mailto:participation@lincolnshire.gov.uk)

For more information about foster carer training and development, please contact David Oldman by email: [david.oldman@lincolnshire.gov.uk](mailto:david.oldman@lincolnshire.gov.uk)

**LINCOLN  
DEAF  
CHILDREN'S  
SOCIETY**

Drop us a text or call the number below to find out more or you can email if you prefer.  
email: [lincoln@ndcsgroup.org.uk](mailto:lincoln@ndcsgroup.org.uk)  
or phonic: **07908 984 768**

The Lincoln Deaf Children's Society supports families in Lincolnshire with deaf children. That is a child with hearing impairments of any type. Some of these children have additional needs also, all are welcome.

The group currently meets the last Saturday afternoon of every month at:

**Lincoln Children's Centre  
St Andrews Close  
Lincoln  
LN5 7XT**

We have a variety of activities at each group meeting and there is a great deal of knowledge and experience in the room if you want to talk to anybody about any of the challenges you and your family face. You'll find friendly supportive parents and a great bunch of lively children of all ages.

Overall though it's just good fun for the children, giving you time to have a drink, a snack and relax while your children make new friends in a safe absorbing environment.

The group works very closely with the professional organisations in the county, giving parents of deaf children in Lincolnshire a voice and is part of the group network of the National Deaf Children's Society.

## FILM SCHOOL

with Lincoln Deaf Children's Society

Learn all the basics of making a short film and then put it into practice.

LDCS is giving up to 10, 12 – 18 year olds the opportunity to create their own short film and learn new film making skills while building upon essential life skills such as communication, teamwork and problem solving.

A celebration night will be held in the Autumn to showcase the film with all the young people having the opportunity to invite friends and family to see the result of their hard work.

The Lincoln Deaf Children's Society supports families in Lincolnshire with deaf children. That is a child with hearing impairments of any type.



Local author-mum **Hazel Reeves** reflects on parenting a child with high-functioning Autism/Asperger's and the creation of **Roar the Little Dinosaur**.



## “Roar, roar, roar, I’m a little dinosaur”

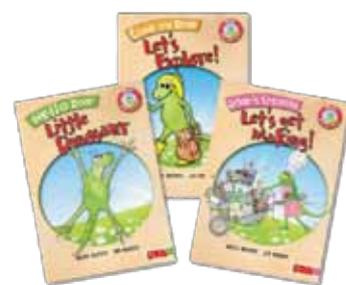
I’m woken yet again by the dinosaur refrain from my youngest daughter. She is standing beside my bed at 3am having glided noiselessly to find me through the surrounding darkness. My youngest daughter was diagnosed with Autistic Spectrum Disorder/Asperger’s syndrome when she was 3 years old. She is now 10 and has a wonderful and unique way of looking at our world.

### Writing and creating picture books

After buying many books that didn’t seem to relate to a young child with high-functioning autism, I wrote the first book about the character of **Roar the Little Dinosaur**. Roar is an enthusiastic character who has a great eye for detail, a love of sorting and counting, and often disappears to hide when things get too busy!

### The Roar ethos

There are now 6 books available. The first book **Hello Roar, Little Dinosaur!** introduces the cute and quirky Roar and the ethos of joining in, taking a break and then joining in again. Children with autism often think that they are getting it wrong but Roar shows them and their peers, that it’s okay to do things differently. The first 3 **Roar the Little Dinosaur** books show Roar creating, making and exploring the great outdoors. In the next 3 books, which have just been published, Roar joins in with sports, music and days out. Each book ends with a careful and precise bedtime routine that many children will find reassuring. Roar’s family members celebrate her unique view on the world when they say ‘goodnight’ to the little dinosaur.



### How to use Roar

My aim is that Roar will be used as a platform for parents/carers, teachers, SENCo’s and teaching assistants to help children with autism participate and be included in the social world of family, school and community.

Roar can help on many levels to: improve wellbeing, enable inclusion, celebrate diversity, build confidence in reading, promote peer awareness, encourage creativity and participation in multi-sensory activities, encourage outdoor learning and improve self-esteem.

### Roar, Brave and Strong

Roar the little dinosaur is brave and strong. I have chosen this aspect of Roar for our logo as children with autism have to be brave and strong every day. In school our daughter worked very hard to conform which led to high levels of stress. The release came at home affecting the whole family. Social learning does not come intuitively to a child with autism. Reading people is the hardest task of all. Understanding what people are saying and really meaning can make life hard.

### And finally...

Roar isn’t a cure for autism but a celebration of a unique way of thinking. I hope that my little dinosaur makes children smile and say “I’m like that!” I like to think of Roar as a happy, fun-loving, quirky role-model that children want to be like. We all still get exhausted and we all still have to keep finding ways with each new stage of development. Roar doesn’t appear in my bedroom anymore but I often meet a friend of hers in the bathroom, sitting room, garden...

### For more information

Visit [www.roar-littledinosaur.com](http://www.roar-littledinosaur.com). The books are available from the publisher, Learning Development Aids (LDA) at [www.ldlearning.com](http://www.ldlearning.com) and [www.amazon.co.uk](http://www.amazon.co.uk)



Lincolnshire Carers Partnership and Lincolnshire County Council have developed a group in order to hear the views, comments, feedback and suggestions from families in Lincolnshire. We'd like to encourage parent/carers to become part of this positive and constructive group so we've asked for a parent/carer to give her thoughts and experiences.

*Hi, I'm 34 and a single mum of four children plus a parent/carer to two children.*

*As a carer for many years, I was on my own dealing with the day to day care of my children. Life was pretty stuffed and lonely. I was seen as "the lady with the crazy kids", so became very isolated.*

*At that time the only place I knew to turn to was my children's school. They really didn't understand my life and what I had to deal with and what I had to cope with every morning just to get my girls to school. They seemed to have the opinion that because I was their Mum I should just get on with it, just like every other parent as this is my job.*

*I think for many parents this rings true and many don't see themselves as carers or even had their carer's assessment.*

*I know of many occasions where a parent gets a diagnosis of their child and just doesn't know where to turn from there. You find yourself being passed from one agency to another, not being listened to which we need as carers. Many of us are told by professionals what they think we need to hear but don't actually listen to us.*

*Being part of the CWDSI (Children with Disabilities and/or Sensory Impairment) Parent Carers Group as part of the Carers Partnership Board has been a breath of fresh air.*

*For the first time in a long time I feel listened to, about what life is **really** like and about what we **really** need.*

*The difference in being part of this group, compared to others, is that we are listened to, and what we say is actually taken on board as we are the experts in our life. This group values our jobs as carers and we are asked about what can be improved, not imposed by the professional's views. We work together with professionals and what we say is then put into action.*

*By being part of the group I feel valued, seen and listened to! I feel empowered to make a difference for the better to make a real impact to improve the lives of families.*

If you are interested in joining the CWDSI working group please come along to one of the planned meetings below and join us for a tea/coffee/biscuit and informal chat.

Mileage can be claimed if you come to a meeting or if you prefer, you could be a "virtual" member and just communicate electronically. To join the group, please email [parentcarersofcwdsi@lincolnshire.gov.uk](mailto:parentcarersofcwdsi@lincolnshire.gov.uk)

Our next two meeting dates are:

- **Tuesday 17th September 2013** at The Store House, North Parade, Skegness, PE25 1BY: 10am to 12pm
- **Tuesday 19th November 2013** at Grantham & District Hospital (Meeting Room 3), Manthorpe Road, Grantham, NG31 8DG: 10am to 12pm

# Parent Partnership Report



## National News – The Children and Families Bill

This Bill has now had a second reading in Parliament and the changes should come into force in September 2014. The Bill contains changes to childcare, adoption, children looked after by the Local Authority, parental leave and working arrangements as well as reforms to the Special Educational Needs system.

In March the government published an “indicative” SEN Code of Practice. This has given us some details of how the government would like to see the SEN sections of the Bill implemented. A formal consultation on the SEN Code of Practice will take place later this year.

The government believes that the changes to the SEN system will bring about fundamental change so that it is more streamlined and reflects the needs and wishes of children and young people with SEN.

Here are some of the reforms that the Children and Families Bill will bring for children and young people with SEN:

- Statements of SEN will be replaced by Education, Health and Care Plans
- Education, Health and Care Plans can stay in place until a young person is 25 and whilst they are at college, or on an apprenticeship
- School Action and School Action Plus will be replaced by one single SEN category in school
- A Local Offer will be produced by every Local Authority, outlining what support and provision is routinely available to all children and young people with SEN. This Local Offer should include information on health, social care, education, transport and services for transition and be created with direct input from children, young people and parents
- Local Authorities and local health providers must agree what reasonable provision must be available locally to meet the needs of children and young people with SEN (this is called “joint commissioning”)
- Young people and parents may opt for a personal budget so they can have more choice over the support that is provided
- Young people over school leaving age will have the right to appeal to the SEN tribunal (parents can still appeal too).

Some Local Authorities have already begun work on how to bring about these changes, they are known as “Pathfinder” areas and more information about their work can be found on the following website:

**[www.sendpathfinder.co.uk](http://www.sendpathfinder.co.uk)**

The introduction of the new system will probably have to be by phased approach and guidance will be issued on how to carry this out. For instance, it would be impossible to change all statements to Education, Health and Care Plans overnight so it may be that they are changed after the next Annual Review.

Please note – until the Children and Families Bill becomes law, all the current legislation and guidance (such as the SEN Code of Practice) for SEN remains in force.

To find out more about the Children and Families Bill and the SEN reforms in particular, you can look at these websites:

**[www.gov.uk/government/publications/the-young-persons-guide-to-the-children-and-families-bill](http://www.gov.uk/government/publications/the-young-persons-guide-to-the-children-and-families-bill)** and **[www.councilfordisabledchildren.org.uk](http://www.councilfordisabledchildren.org.uk)**

## Local News

### Transition Workshops (helping to prepare your child for the move to Secondary School)

The dates for 2014 workshops are:

- 11th March 2014 – Horncastle
- 18th March 2014 - Bourne

We will send out flyers to schools, parent groups and Children's Centres nearer the time with details of venues and how to book. Details will also be on the "Events" section of our website.

Drop In – the opportunity to drop by and have an informal meeting with Educational Psychologists and Specialists Teacher. No need to book. The dates for 2013/4 are:

- 5th November 2013 – Gainsborough
- 19th November 2013 – Boston
- 13th May 2014 – Lincoln
- 10th June 2014 – Bourne

Again, we will send out flyers to schools, parent groups and Children's Centres nearer the time to confirm venues and put details on the "Events" section of our website.

We are currently looking for more parents to be represented on our Stakeholder Group. This is our management group, it meets four times a year and works a bit like a governing body, directing the work of the Parent Partnership Service. If you would like to know more please contact us on **01522 553351** or email [parentpartnership@lincolnshire.gov.uk](mailto:parentpartnership@lincolnshire.gov.uk)

All of our SEN information, plus links to a wide variety of SEN and Disability websites can be found on our website: [www.lincolnshireparentpartnership.org.uk](http://www.lincolnshireparentpartnership.org.uk)

For SEN advice and information, call us on **01522 553351**.



Making Noise on Tour is a playful and interactive environment that vibrates with sound. Immersed in light and colour, it slowly evolves as visitors are gently invited to create new sounds and sights through their voice, touch and movement.



Set within a large white circle, with bowls of light and sound, this environment has been developed by artists with a long tradition of creative work within arts and disabilities.

For more information about this and the other work SoundLINGS do around the county including workshops, please contact SoundLINGS on **01522 510073** or email [info@soundlings.org](mailto:info@soundlings.org)



**soundLINGS**



## e-Learning

KIDS have launched a new e-Learning package for parents and carers, aimed at explaining the key points about personalisation, personal budgets and how they may impact on their family life.

KIDS is the charity that works with disabled children, young people and their families.

Anyone wishing to access the free e-Learning can do so by creating an account here: <http://elearning.kids.org.uk/login/index.php>



### 7th August is Playday 2013

Playday is the national day for play in the UK, traditionally held on the first Wednesday in August.

On Playday thousands of children and their families get out to play at hundreds of community events across the UK.

The Playday 2013 campaign theme is "Playful Places". The campaign is calling on everyone to help make sure that the places where children live and hang out are great places to play.

For more information and ideas, go to [www.playday.org.uk](http://www.playday.org.uk)

### Developmental Journal for Children and Young People with Multiple Needs

Early Support's new Developmental Journal for Children and Young People with Multiple Needs is now available.

It has been produced to help families and practitioners support the achievements of children whose development is affected by multiple factors that result in challenges to learning. It is based on a series of 'Can Do' cards which help parents and practitioners to observe, record and celebrate children's and young people's abilities, and to develop and strengthen these abilities. The Journal supports key working by helping everyone involved with a child to share what they know and discuss how best to work together to support development and learning.

The Journal has been developed by John Oates and Silvana Mengoni, of the Child and Youth Studies Group in the Centre for Research in Education and Educational Technology at The Open University, Milton Keynes, along with a team of specialists in child development, early years, and childhood disability and special needs. For further information, email: [Developmental-Journal@open.ac.uk](mailto:Developmental-Journal@open.ac.uk) or [earlysupport@ncb.org.uk](mailto:earlysupport@ncb.org.uk)

The Journal is available as a free pdf download from the Early Support website: <http://tinyurl.com/bzwsunh>

## Further education opportunities in Lincolnshire

Going to college is an exciting time for many young people. Colleges in Lincolnshire are able to support learners with additional needs through specific learning programmes and courses, and have a wide range of support services in place to make the learner's experience as good and as welcoming as possible.



Lincoln College offer a broad range of flexible learning programmes for learners with learning difficulties and disabilities and some provision for young people with emotional, social and behaviour problems and barriers to learning.

All applications are treated on an individual basis and a bespoke learning programme can be negotiated. On average a learning programme is 16.5 hours per week, however fewer or more hours is negotiable.

All learners are assessed and where appropriate offered accredited learning in personal development, work skills preparation, maths and English.

Support is assessed on a needs basis and where necessary 1:1 learning support and personal care can be provided, however many of our learners find that group support is adequate while they are learning with us.

For the most vulnerable who need a high level of supervision, such as at break and lunch times, pre-9am and post-4.30pm we have specifically designed safe areas which have soft furnishings to provide a comfortable, supervised social space.

We offer education and accredited studies at entry level 1, entry level 2, entry level 3 and level 1.

Teaching is done as holistically as possible and primarily through a vocational medium or the learner's choice. Choices include: cookery, retail, sport, construction plastering and joinery, painting and decorating and creative arts, care, horse care, horticulture, hospitality and food preparation, catering, small animal care, motor vehicle, hair and beauty, performing arts, photography and business admin.

We offer study programmes in Independent Living Skills for learners whose aspirations include living independently or with little support. Programmes include cooking, cleaning and other household chores.

We run "enterprises" which give learners real but supported work experience, for learners who are "work ready" but still need high levels of support and supervision in order to operate in a purposeful work placement.

For learners whose ambition is to access main stream college education or gain employment but who require an additional year to mature and develop emotionally or socially, we provide courses particularly for disaffected Learners with Mild Emotional Behavioural Social issues but that academically are typically functioning at GCSE-level. Enrichment on this programme incorporates the Duke of Edinburgh (DofE) award scheme, and learners can gain bronze, silver and gold DofE awards.

For learners operating at level 1 who for a variety of reasons the main college environment, mainstream education or an apprenticeship may not be suitable, we can offer a study programme package that includes doing a career-based qualification in an external work setting whilst also being taught a vocational skill.

For further information, a site visit, tour and further talks about what we can offer learners on an individual basis, please contact Lincoln College on **01522 876000**, email **enquiries@lincolncollege.ac.uk** or go on-line at **www.lincolncollege.ac.uk**

# boston:college

Boston College can cater for a wide range of learning difficulties and/or associated disabilities, medical and personal care support needs. Additional support can include: Learning Support Assistance (1:1, shared, personal care); adaptive resources; concessionary exam arrangements; dyslexia screeners; language support; bespoke communication; and therapy sessions. Learners are supported to develop insight into personal barriers and develop strategies and skills that will encourage them to become independent learners.

Boston College offer a wide range of transition opportunities from Year 10 or earlier if appropriate, which include taster days, personalised transition programmes, activity days and open events to enable young people to familiarise themselves with the provision and to enable the staff at Boston College to work with individuals in advance of them starting a course. These activities reduce the anxieties of young people transitioning from school and parents who may have concerns regarding the change for their son or daughter.

Boston College offers exciting learning opportunities for learners with learning difficulties and/or associated disabilities. Where appropriate, learners are encouraged to engage in meaningful qualifications to support them to fulfil their aspirations and have opportunities to develop vocational skills in a range of subjects. Learner's programmes are personalised and encourage the development of independent living and employment skills. Within the Foundation Studies department education is offered to learners working at Entry Level 1 to Level 1.

As of September 2013, all learners will be on a Study Programme and will have opportunities to engage in personalised activities that could include independent living and life skill activities, developing personal, social and development skills, engaging with the community, work experience, supported internships and supported employment opportunities.

The Foundation Studies Department is now located in the Ingelow Centre on Rowley Road and is a specialised and dedicated campus for learners with learning difficulties and/or associated disabilities. Every aspect of the building was transformed to create brand new teaching facilities including: a mock flat providing a real home environment, working environments including: a cafe; a charity shop; sensory garden; computer lab; greenhouse; summer classroom; corner shop and gardens.

For more information about courses and student support at Boston College, go to [www.boston.ac.uk](http://www.boston.ac.uk) or call 01205 313218.

*I was concerned initially that a general Further Education College would not be a suitable environment for my daughter. However, the College and school have worked together to organise a transition programme. My daughter has had regular visits to the College and has in-filled into an established group. My husband and I have attended open events where we have met the staff and seen the new building where she will be learning. We are happy now knowing that the College can meet the needs of our daughter. Most importantly our daughter is looking forward to going to College”*

Feedback from parent





New College Stamford has a Designated Specialist Provision (DSP) that is based in two adapted houses off Ryhall Road. Access to the college is via a path across the college field and is a five minute walk. Students access the main college according to their wishes and needs.

The two houses have kitchens, a utility room with washing machine and ironing board and a large garden. All these contribute to making the skills the students learn and practise transferrable to their homes.

All students undertake work experience that is appropriate to their level of learning.

### Entry 1, 2 and 3 Level Courses

Entry Level 1 students undertake a variety of activities designed to increase their independence and to help them achieve their potential. The activities include: Communication and basic literacy skills; Managing money and basic numeracy; Staying safe and keeping healthy; Accessing the community; Art; Gardening; Sport and Leisure (including swimming); Independent Living Skills (including cooking, cleaning, washing clothes etc); and IT.

### Entry Level 2 and Entry 3 students can choose between:

- **Certificate in Looking After Yourself and your Home**, which includes: Independent Living Skills (cooking, cleaning, washing, ironing etc); Gardening; Keeping yourself safe; Personal Hygiene; Literacy and communication; Managing money; Numeracy; Accessing the community – leisure, shopping, sport etc; Work Experience
- **Certificate in Living in the Community**, which includes: Looking at and accessing opportunities in the community e.g. library, sports activities, arts centres, shops etc; Literacy; Numeracy; IT; Work Experience; Local History; Rights and responsibilities of individuals in society; Looking at what help is available for what; and Community involvement (volunteering, allotment work etc).

We also run a **Pathways Course at Entry 3 and Level 1**. This is based in the main college and is a certificate towards enabling progression. This course is to help prepare learners for moving onto mainstream courses and/or leaving to find employment. The course consists of units such as: Equality and Diversity; Literacy; Numeracy; IT; Local Community Involvement; Drug and Alcohol Awareness; Young People Law and Order; Team building; Accessing Leisure Opportunities; and others.

Every student on this course spends one morning a week in a mainstream class of their choice e.g. motor vehicle, childcare, animal care etc, and one whole day per week on work experience.

All the courses are four days a week, which includes time spent on work experience.

For any additional information, please contact Jenny Wilcox (Manager Skills for Work and Living and Additional Learning Support): [jenny.wilcox@stamford.ac.uk](mailto:jenny.wilcox@stamford.ac.uk) / 01780 484384 or Amanda Hana (Transitions Lead): [amanda.hana@stamford.ac.uk](mailto:amanda.hana@stamford.ac.uk) / 01780 484379.

For more information about New College Stamford, go on-line at [www.stamford.ac.uk](http://www.stamford.ac.uk)



Grantham College has a proven track record of supporting learners with additional needs and offers a wide range of courses and training opportunities.

## Kyle Gains a Place at Rotary Youth Leadership

Grantham College are extremely proud that one of their Level 2 Hospitality & Catering students, Kyle Hunt, has fought off strong opposition during the selection process for a place on the highly coveted Rotary Youth Leadership Awards (RYLA) course this summer.

Kyle, who is 19 years old, will join other young people from across the country on an 8-day residential course at the excellent Grafham Water Centre at Perry near Huntingdon, Cambridgeshire. The course is a mix of physical and cerebral activity, which has been running for 28 years and produces a unique experience and learning event for all the participants.

The course enables young people to debate issues of professional responsibility, improve leadership skills, develop their personalities and learn about business, institutions and Rotary programmes, such as Rotaract, Calvert Trust and Youth Exchange, as well as making new friends and having fun. For the last four years, the course has had an “international flavour”, with young adults attending from countries such as Austria, Denmark, Germany, Pakistan and Ukraine.

On being told that his application has been successful, Kyle said “I am really pleased to have been chosen for this course as I enjoy every opportunity to support others, less able than myself. I know I will enjoy the opportunity to participate in the RYLA course as I think it will be fun, hard work, improve my leadership skills and enable me to meet new people.”



For more information about the courses and support available at Grantham College, go to [www.grantham.ac.uk](http://www.grantham.ac.uk) or call **0800 0521 577**.

## Disability Rights UK & Disabled Student Helpline

Disability Rights UK has created a useful factsheet for Mencap entitled “*Moving on from school to further education - what are my rights? A guide for young people with a learning disability and their families*”.

This can be downloaded at [www.mencap.org.uk](http://www.mencap.org.uk) - search for “Leaving school”, or go to the resource library and look under factsheets.

If you need further information or advice about going to school or transitioning to further or higher education, the Disabled Students Helpline may be able to give some advice and support. Call them on **0800 328 5050** (Opening hours Tuesday 11.30am - 1.30pm and Thursday 1.30pm - 3.30pm) or email [skill4disabledstudents@disabilityrights.org](mailto:skill4disabledstudents@disabilityrights.org)

## Learning Difficulty Assessments

In Lincolnshire we have 8 Learning Difficulty and Disability (LLD) Advisers - 3 in the north, 3 in the south and 2 in central Lincoln. These advisers write the S139a Learning Difficulty Assessment (LDA), which is the document that replaces the Statement of Special Educational Needs when a “statemented” young person leaves school and continues in education, post 16 in either a Further Education College, with a training provider or a specialist College. The LDA is written by the statementing Authority i.e. if a young person has a statement that is maintained by Lincolnshire County Council, the LDA will be written by a LLD Adviser in Lincolnshire.

The LDA is a comprehensive document, giving the background information leading up to the Statement of Special Educational Needs; identifying the current presenting needs; and recommending a path of education appropriate for that young person in order to meet their needs. The document, with parental agreement, is shared with future education providers to facilitate smooth transition and to “level the playing field” for learners with learning difficulties and or disabilities.

Speak to your school if your young person is thinking about continuing in education so that an LDA can be completed.

## Driving Ambition Fund

Family Fund has introduced a new grant to help eligible young people aged 16 and 17 take the first steps in learning how to drive. The Driving Ambitions grant supports the young person to get started by funding a combination of:

Provisional licence, Theory Test, learning materials such as the Highway Code or Theory Test book or DVD and/or a first taster lesson.

This is only available for the eligible young person who has not yet had any driving lesson tuition. Family Fund cannot provide support for on-going driving lessons and will no longer be providing driving lesson support for parents or carers of disabled or seriously ill children.

For more information on the Driving Ambition grant, please visit [www.familyfund.org.uk](http://www.familyfund.org.uk)



## Awesome Autumn with the National Citizenship Service

National Citizen Service (NCS), a voluntary programme for young people throughout the UK, are offering young people with different abilities aged 15-17 years the chance to take part in new challenges, experience exciting activities, make long-lasting friends, and develop vital skills to support them later in life.

The condensed Awesome Autumn programme costs £35 to join and includes a five-day stay at an outdoor adventure centre with activities such as wall-climbing and archery, two days working with businesses to improve young people employability skills and a social action project that allows participants an opportunity to give something back to their community. Food and five nights of accommodation are included in the programme cost.

Just visit our website – [www.ncsemi.org.uk](http://www.ncsemi.org.uk) – to register interest.

For more information or to sign up, please contact Phil Everett on **01522 574152**, email [phil.everett@eblo.org.uk](mailto:phil.everett@eblo.org.uk) or visit [www.facebook.com/NCSEMI](https://www.facebook.com/NCSEMI) and [www.ncsemi.org.uk](http://www.ncsemi.org.uk)

## Holidays for Carers – Go Provence



We are Go Provence Supported Holidays. We provide supported holidays for people with learning disabilities in Provence, South of France. This summer, we have put together an initiative to help full time carers of people with learning disabilities.

If you are the full time carer of someone with a learning disability, for example a family member, guardian or friend, then you probably need a holiday too. It could be that the person you care for has never been away before on their own, especially abroad, and this makes it hard for you to have a holiday on your own. We can help. We have accommodation in the next village called Esparron de Verdon. You can travel down to Provence with the person you care for and we can give them a supported holiday whilst you relax 20 minutes away and take a separate holiday with the peace of mind that if you are really needed you are not far away. We have very good prices for carer accommodation and if you would like to find out more contact Ian Callen on [ian@goprovence.co.uk](mailto:ian@goprovence.co.uk) or telephone on **0033 4 86 56 65 61** (French landline). Visit our website to see the type of supported holidays we provide - [www.goprovence.co.uk](http://www.goprovence.co.uk)

This is what a full time carer said about her holiday. She stayed in the separate accommodation whilst her two children had a supported holiday with Go Provence.

*"Just to say many, many, many thanks for the holiday. I am positive they have had a good time and I know that it is because you gave them your time and support in huge measures. That includes you, Neil, Frances and Jack. It was a wonderful experience for me to meet you as well. You obviously enjoy what you do.*

*Once again, many thanks for the time and trouble you exerted for Emily and Andrew as well as for me. I feel much more relaxed and have more energy to meet the world, so for me it was wonderful."*

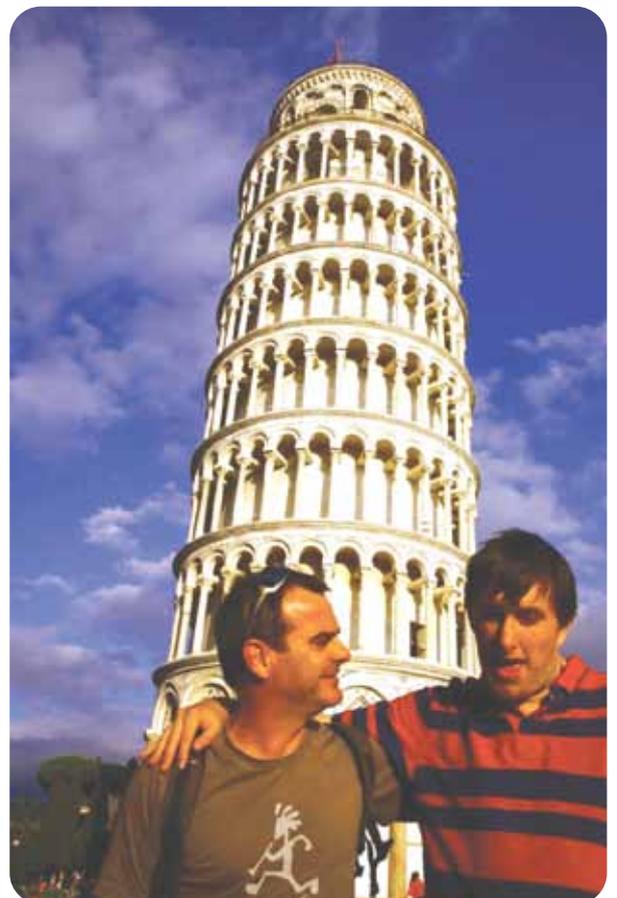
## Are you up for the challenge of a supported backpacking month away around Europe?

Last summer a holiday maker came up with the idea of a whole month away on a backpacking trip. Staying in hostels, meeting new people and sampling other cultures first hand. We thought that this was a great idea and have set aside a month this October to see Europe.

This October we are off backpacking around Europe for a month and we would like you to join us.

We have a proposed route of Barcelona, Nice, Pisa, Florence, Rome, Athens, Sofia, Bucharest, Belgrade, Budapest, Vienna, Prague, Wroclaw, Berlin. But we would like you to help with the planning of the trip. Which cities would you like to see and experience? Munich? Madrid? Brussels?

If you are interested in coming with us and want to know more, or know someone that is a keen traveller, contact us on using the details above.



## SESS Sensory Showcase

On Saturday 20th April 2013, Sensory Education and Support Service (SESS) showcased services for children with a sensory loss and their families in Lincolnshire.

145 parents, carers, children, young people and professionals arrived at The Showroom in Lincoln and began the day at a market place set up by multi-agency staff from Children's Services, Health, Education and the Voluntary sector.

There were a number of workshops available for parents and carers presented by SESS staff including: "SESS meets SILCS", "Why does my baby need to wear hearing aids?" and "What can my child see?". The workshops were very well attended with excellent feedback.

One of the highlights was a DVD compiled by several young people and parent/carers around the county working with SESS, who presented their experiences of their sensory impairment with some inspiring accounts of their achievements and future aspirations. The day concluded with a singing/sign workshop and was led by a performance by talented singers within Lincolnshire.

The **Sensory Education and Support Service (SESS)** offer support and specialist teaching to children with a sensory impairment and aims to ensure they are able to gain

access to their educational environment and progress in their social and educational development. The SESS team has extensive experience of working in homes, Early Years settings and schools and can offer bespoke assistance to children from birth to school leaving age, ensuring consistent involvement throughout a child's education. Highly skilled qualified teachers and support staff in the Sensory Education and Support Service provide support to a significant number of children with a sensory impairment in Lincolnshire.

For further information and details regarding the referral process, please contact the SESS Team Manager, Michelle White on **01522 553368**.

**Sensory Impairment Lincolnshire County Service (SILCS)** will provide comprehensive support to those who need these services across the whole of Lincolnshire. We provide support for children and young people to gain access to their community whether that is within their home or social environments. The service aims to create opportunities for children, young people with sensory impairment, and their families to build confidence and self-esteem, develop communication skills, promote independent living and develop mobility skills.

For further information please contact Christina Jessop **01522 848295**.



# Live and Learn like a Champion

## Personal Development Programme

Launched at the 2011 Lincolnshire Show, Live and Learn like a Champion continues to offer a wide range of exciting opportunities, experiences and resources for children and young people across the county.

Developed by CfBT Education Trust on behalf of Lincolnshire County Council, the programme aims to develop a legacy beyond the 2012 Games, impacting on the children and young people of Lincolnshire throughout their lives, focusing on sport, music, the arts and culture.

The most recent activity took place over the Easter Holidays at the University of Lincoln with a two day Personal Development Programme for children and young people with sensory impairments.

This exciting programme, delivered by the university staff and students with support from a wide range of agencies, provided structured opportunities for the young people to engage with a range of physical activities and sports. They also experienced a range of roles that allowed them to experience not only the activities themselves, but also teamwork and leadership opportunities.

Over the two days, this programme of personal development and learning through healthy physical activity and sport had a particular focus on the young people developing self-confidence, self-esteem and an understanding of the Olympic and Paralympic Values.

The achievements of these inspirational young people were recognised and celebrated by the awarding of their Live and Learn like a Champion Values Stickers and Gold Medal Certificates.

The feedback from the young people has been overwhelming with many asking "When is the next one?!"

### Acknowledgements

The programme was developed by CfBT Education Trust in partnership with Lincolnshire County Council, Short Breaks, the Sensory Education Support Service (SESS), the University of Lincoln and the Sensory Impairment in Lincolnshire County Service (SILCS).



Thanks go to all the staff involved, to the parents and carers and, of course, the young people themselves who were outstanding and made all the hard work worthwhile!

### National Recognition!

The Live and Learn like a Champion Legacy Programme has achieved the national London 2012 Inspire Mark that recognises innovative and exceptional projects directly inspired by the 2012 Olympic and Paralympic Games.

Sebastian Coe, Chair, London Organising Committee of the Olympic Games and Paralympic Games, said:

"The Live and Learn like a Champion Legacy Scheme will encourage children and young people to fulfil their potential. I am proud that partners such as CfBT Education Trust are delivering on our vision to use the power of the Olympic Games and Paralympic Games to boost participation in Sport, the Arts, Music and leadership opportunities."

For more information about the Live and Learn Like a Champion programme in Lincolnshire, contact Stuart Allison at CfBT on **01522 553285** or email **SAllison@cfbt.com**

# Boston United Football in the Community



Boston United Football in the Community are currently running sessions for children and young people who have needs such as emotional, mental health, moderate and severe learning difficulties.

The sessions are as follows:

**Tuesday 5pm to 6pm at Princess Royal Sports Arena, Boston** - this is a football session for children and young people who have emotional needs, mental health problems and moderate learning difficulties.

**Wednesday 6pm to 8pm at Focus One Youth Centre, Boston** - this is a multisport session for children aged 11+ who have moderate and severe learning difficulties. Places are limited for this session.

Sessions are also run for adults that have mental health problems and also sessions for adults with moderate and severe learning difficulties.

For further information regarding the sessions please contact Richard Houghton on **01205 364406, 079313 11345** or email [richard.houghton@bufc.co.uk](mailto:richard.houghton@bufc.co.uk)

Richard Houghton is the Social Inclusion Officer/Community Football Development Officer at Boston United Football in the Community Ltd.

Go on-line for more information: [www.communitypilgrims.co.uk](http://www.communitypilgrims.co.uk) and [www.bostonunitedcommunityfc.co.uk](http://www.bostonunitedcommunityfc.co.uk)



Congratulations to St. Bernard's School! 24 Sectional Certificates have just been awarded to nine students who have just completed their Volunteering, Physical or Skills Sections.

St Francis School have got the Expedition Season off to a great start - they've already been out on five Expeditions and have six more planned before the end of July including Gold.

We had a great day at St. Christopher's School on Thursday 23rd May at their Careers Day. The DofE stand proved very popular with all of the students attending, especially the badge making.

Preparations are well underway with the Aegir School, John Fielding School, Eresby School and the JUMP group at Frieston.

Well done everyone!

For more information about the Duke of Edinburgh's Award Scheme, contact Jacky Secker on **07557 015446** or email [jacky.secker@lincolnshire.gov.uk](mailto:jacky.secker@lincolnshire.gov.uk)



# DEANS

## SPORT & LEISURE

Deans Sport and Leisure at Lincoln College spans four floors and offers some of the best sport and leisure facilities in Lincoln.

After having undergone refurbishment last year, the building now boasts a brand new Spa area with a 12x3m Hydrotherapy pool that is 1.2m deep all the way across. The spa also gives access to a hoist for anyone needing to use it.

The Spa offers a relaxing and calming environment which is available to all. Several massage jets surround the pool providing gentle massages to all parts of the body, and all are operated by the user of the pool. The Spa Pool is heated to 34°C, offering users enough heat for comfort and to provide a suitable environment for various rehabilitation exercises to take place. Surrounding the Spa is a Sauna and Steam Room as well as Foot Spas and Experience Showers.

The centre offers membership rates starting at £200 per year or £20 per month, or you can use the facilities on a "Pay as you go" basis. At present access to these facilities are only available for those aged 16 and over, but with prior notification Deans Sport and Leisure may allow younger children to use these facilities.

For more information contact Deans Sport and Leisure on **01522 876373**; email **enquiries@deans.lincolncollege.ac.uk** or go on-line at **www.deans-sport.co.uk**



## The Thomas Centre

The Thomas Centre near Louth continues to be a great venue for Lincolnshire families and their special needs children to enjoy a Short Break.

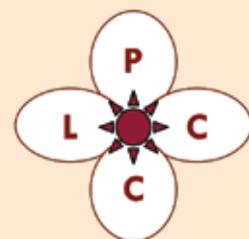
Since 2011 many families including the Millard family have enjoyed several Short Breaks at the Centre. The great facilities on offer are fully appreciated, as seen by Alfie and his Mum enjoying the peace of the pool, which is booked for private use, and Alfie with his sister making great camps in the soft play area. There is also an outdoor play area with a roundabout, swings and climbing frame. For a speed challenge there are peddle go-karts and a track for family races.

A Short Break of either a 3 night weekend break or a 4 night mid-week break are heavily subsidised by Lincolnshire County Council, are only £195 per break (not per person) and are available for any family who has a child with a disability of any nature. For those who would like to know more, please give Katie and Jan a ring on **01507 363463** or look at their web site:

**www.thethomascentre.co.uk**



## Lincolnshire Parent Carer Council (LPCC) Coffee Mornings



No need to book! Meet other parents of children with disabilities and additional needs.

### Where and when?

- **Boston** 10am - 11.30am: **7th October & 2nd December**  
New England Hotel, Wide Bargate, Boston, PE21 6SH
- **Lincoln** 12.30pm - 2pm: **2nd October & 4th December**  
The Homestead, St John's Park, Canwick Road, Lincoln
- **Skegness** 11am - 12.30pm: **13th September & 8th November**  
The Vine Hotel (Best Western), Vine Road, Seacroft, Skegness, PE25 3DB
- **Spalding** 10am - 11.30am: **10th September & 12th November**  
The Castle Sports Complex, Albion Street, Spalding, PE11 2AJ
- **Louth** 10am - 11.30am: **1st October & 3rd December**  
Best Western, Kenwick Park Hotel, Kenwick Park Estate, Louth, LN11 8NR
- **Grantham** 10.30am - 12pm: **25th September & 27th November**  
The Ramada, Swingbridge Road, Grantham, NG31 7XT
- **Sleaford** 10.30am - 12pm: **9th September & 18th November**  
Cogglesford Mill, East Road, Sleaford, NG34 7EQ
- **Market Rasen** 10.30am - 12pm: **20th September & 21st November**  
Advocate Arms Hotel, Queen Street, Market Rasen, LN8 3EH

New to our coffee mornings? If you are after a bit of encouragement to come and meet with us, then phone Coralie on **07779 456627**. For other information contact LPCC on **0845 33 11 310** or email [enquiries@lincolnshireparentcarercouncil.org.uk](mailto:enquiries@lincolnshireparentcarercouncil.org.uk)

## Staying out for the summer

There are a number of useful websites if you are looking for things to do this summer.

[www.wherecanwego.co.uk](http://www.wherecanwego.co.uk) is very useful and you can search on your local area, or the area you are going to be visiting.

[www.visitengland.co.uk](http://www.visitengland.co.uk) has lots of attractions and events throughout the county and also has a section covering places with good facilities for travellers with disabilities and additional needs.

For activities and events closer to home, try [www.lincolnshire.gov.uk/fsd](http://www.lincolnshire.gov.uk/fsd) and go to [www.lincolnshire.gov.uk/fis](http://www.lincolnshire.gov.uk/fis) to download the FIS Summer What's On Guide 2013.

## Papworth Trust Holiday Fund

Papworth Trust is offering free respite holidays to people with disabilities and their families after receiving £2 million in Lottery funding.

Holidays are based at Kerry Farm in Wales, which is currently being renovated. The respite breaks enable the whole family to go away together and have a supported break.

Applications for breaks in autumn 2013 are now closed but you are still able to apply for one week respite breaks in 2014.

For more information, and details of how to apply, go to [www.papworth.org.uk/kerryfarm](http://www.papworth.org.uk/kerryfarm)

The main website has lots of information about the work of the Papworth Trust.

For more information about their work in general, call them on **0800 952 5000** or email [info@papworth.org.uk](mailto:info@papworth.org.uk)

### Louth Area Autism Family Support



*not every piece fits the jigsaw*

Our group is called LAAFS (Louth Area Autism Family Support), and we aim to provide help, information, care and support to those people who have autism, their parents, relatives, professionals and pre-diagnosed families.

The new support group for Louth had a very successful launch party in April and has lots of plans for the future including monthly family events for the young people, fund raising events as this is a voluntary group, and parent/carer support evenings.

Geoff Evans, who is a renowned academic with nearly 30 years' experience working with autistic people, attended an evening in May providing a very informative talk on anger management.

Other dates are as follows:

- 10th August 2pm - 4pm: Trinity Centre, Eastfield Road, Louth, LN11 8DJ - Summer holiday activities
- 26th October 2pm - 4pm: Trinity Centre, Eastfield Road, Louth, LN11 8DJ - Halloween Party
- 7th December 2pm - 4pm: Trinity Centre, Eastfield Road, Louth, LN11 8DJ – Christmas Party

For more details, telephone **07982 787823** or email [gallachertoni@btinternet.com](mailto:gallachertoni@btinternet.com). We are on Facebook as "LAAFS" and on Twitter as "LAAFS1".

## Scallywags Lincs

### supporting families in and around the Mablethorpe area

If you are the parent/carer of a child with disabilities and /or additional needs aged 18 or under, Scallywags could be the group for you!

Scallywags Lincs is a voluntary organisation and is dependent on fundraising and donations. To take part in the activities, you have to become a member at the cost of only £10 per family per year.

The group is warm, friendly and welcoming and provides an opportunity for parents/carers, siblings and the child with disabilities/additional needs, to meet and make friends with others in similar circumstances.

Scallywags host a range of activities and events during the school holidays suitable for a wide range of conditions, ages and abilities where possible. Activities include fun days out, swimming, pantomime trip, parties, coffee mornings and sports activities. (This can include soft play, bouncy castle, sports wall, curling, badminton, table tennis and more). Scallywags also subsidises horse riding at a local riding school.

Coffee mornings provide the children with a chance to play with a selection of toys and activities and meet other children in similar circumstances. The parents and carers remain responsible for their children at all times, however they have the chance to chat and relax over a cup of tea or coffee. A programme of events for members is being prepared for the summer holidays.

To find out more, you can contact us via our website at <http://scallywagslincs.webs.com>, email us at [scallywagslincs@hotmail.co.uk](mailto:scallywagslincs@hotmail.co.uk) or alternatively ring Jacqui Hurren on **01507 479889**.

## PAACT Support Group

The Paact support group have a great range of activities planned for the summer:

- Wednesday 24th July - Super Bowl starting at 2pm
- Wednesday 31st July - Playzone 7.30pm till 8.30pm
- Thursday 8th August - Lincoln and district model trains 1.30pm - 3.30pm (North Scarle Playing Fields, weather permitting)
- Friday 16th August - Fun Farm roller skating and play 5pm - 6.15pm (play equipment is only available for the under 13s, though skating is for any age).
- Sunday 25th August - Splash and Swim at Woodhall Spa heated outdoor pool 6pm – 7pm (bring a picnic and join us in Jubilee Park for fun and games for all the family)
- Wednesday 28th August Indoor climbing wall North Kesteven Leisure Centre (for 5s and over including adults; 2 instructors will be provided)

For more information please contact Hayley on **07935 222963**, or email Paact secretary Charlotte on [paactsupport@hotmail.co.uk](mailto:paactsupport@hotmail.co.uk) or [paact@icloud.com](mailto:paact@icloud.com) (the latter is because we have had a few issues with hotmail).

## C.A.S.A

### (Carers Are Special Also)

C.A.S.A support group meets at the Children's Centre at Lacey Gardens in Louth between 9.30am and 11am (term time only) and welcomes parent/carers of children and young people with disabilities and/or additional needs to share a cuppa, biscuit and a chat.

There is always a welcome to new attendees so do pop-in and meet parents/carers with similar needs as yourself.

Current dates available are last our get together before the school holidays on 18th July 2013 and first time after the holidays on 12th September 2013.

For more details and dates, contact Michelle Mazzarella on **07917 161889** or email [michelle.mazzarella@hotmail.co.uk](mailto:michelle.mazzarella@hotmail.co.uk)

## LPCC Cinema

### Wreck-It Ralph (U)

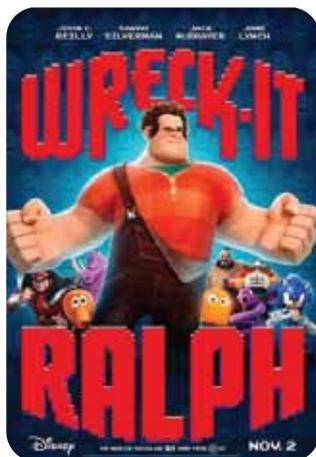
Sunday 29th September at 2.45pm (for 3pm start)

St Norbert's Catholic Hall, St Thomas' Road, Spalding, PE11 2XX

Entrance £2 donation per person and everyone is welcome.

Popcorn, nachos and drinks are available (allergy-aware catering).

For more information, please contact the Lincolnshire Parent Carer Council on **0845 33 11 310**, email [enquiries@lincolnshireparentcarercouncil.org.uk](mailto:enquiries@lincolnshireparentcarercouncil.org.uk) or go to the website – [www.lincolnshireparentcarercouncil.org.uk](http://www.lincolnshireparentcarercouncil.org.uk)



### Grantham Autistic Information Network (GAIN)

We are a Grantham-based community group that welcomes people from the surrounding area.

Recent events have included autism friendly cinema screenings that are designed to cater for the children with the appropriate lighting and subdued sound.

Various fun days, picnics, ten-pin bowling, and a Christmas party have also been organised by the group. We run weekly coffee mornings at Belton Lane Children's and Community Centre every Monday (excluding Bank Holidays) from 10am. We hold a Teen Scene event every month which caters for those between 10 and 16 years of age.

We also hold friendly and informative evening meetings for parents, carers and interested adults and also meet socially at pubs in and around Grantham on a regular basis.

GAIN has a very active Facebook page and Twitter account (both "GAINGrantham") which we use to inform people about our events and keep Grantham up to date with our news and activities.

To find out more about GAIN and our events please visit our main website [www.gain-grantham.co.uk](http://www.gain-grantham.co.uk). Alternatively, call us on **01476 855070**.

# Useful contacts

Some services available for children and young people who are disabled and their families

## Name Contact info

Action for Blind People	Email: <a href="mailto:loughborough@actionforblindpeople.org.uk">loughborough@actionforblindpeople.org.uk</a> Tel: <b>01509 632400</b>
Action for Children	Email: <a href="mailto:disabilitylincolnshire@actionforchildren.org.uk">disabilitylincolnshire@actionforchildren.org.uk</a> Tel: <b>01522 546516</b>
Carers Assessment	Email: <a href="mailto:carers_team@lincolnshire.gov.uk">carers_team@lincolnshire.gov.uk</a> Tel: <b>01522 782224</b>
Children's Centres	Find your nearest Children's Centre at <a href="http://www.lincolnshire.gov.uk/childrenscentres">www.lincolnshire.gov.uk/childrenscentres</a>
Children's Social Care inc Children with Disabilities Team	Referrals are via the Customer Service Centre Tel: <b>01522 782111</b> , <a href="http://www.cwdsi.co.uk">www.cwdsi.co.uk</a>
Deaf Lincs	Voice: <b>01522 554932</b> minicom: <b>01522 554933</b> fax: <b>01522 554934</b> SMS: <b>07702 820539</b> email: <a href="mailto:info@deafllincs.com">info@deafllincs.com</a> web: <a href="http://www.deafllincs.com">www.deafllincs.com</a>
Early Support Care Co-ordination Team	Referrals are via the Customer Service Centre Tel: <b>01522 782111</b>
Exclusion National Helplines	<ul style="list-style-type: none"> <li>• Children's Legal Centre: <b>0845 345 4345</b> from 9am to 6.30pm</li> <li>• ACE (Advisory Centre for Education): <a href="http://www.ace-ed.org.uk">www.ace-ed.org.uk</a> 10am to 1pm, Monday to Thursday</li> </ul>
Family Information Service	Family Information Service at: <a href="http://www.lincolnshire.gov.uk/fis">www.lincolnshire.gov.uk/fis</a> Tel: <b>0800 195 1635</b> Mon to Fri 8am - 6pm or email: <a href="mailto:fis@lincolnshire.gov.uk">fis@lincolnshire.gov.uk</a>
Family Service Directory KIDS Strut	<a href="http://www.lincolnshire.gov.uk/fsd">www.lincolnshire.gov.uk/fsd</a> KIDS and Strut in the Community, Commerce House, Outer Circle Road, Lincoln LN2 4HY Strut: <b>01522 557292</b> KIDS: <b>01482 467540</b>
Lincolnshire Community Health Services NHS Trust Lincolnshire Helplines	92 Newland, Lincoln LN1 1YA Tel: <b>01522 514814</b> email: <a href="http://www.lincolnshirecommunityhealthservices.nhs.uk">www.lincolnshirecommunityhealthservices.nhs.uk</a> <ul style="list-style-type: none"> <li>• Choice Advice (for help with school admissions) – <b>01522 552509</b></li> <li>• Autism Outreach - Tuesday from 1.30pm to 3.30pm (term time only) on <b>01427 787178</b> (option 2)</li> <li>• Dyslexia Outreach - Monday 9.30am to 11.30am (term time only) North of county ring Lesley Shapcott on <b>01427 787178</b> (option 3) or south of county ring Katie Akerman on <b>01205 317871</b></li> <li>• Educational Psychologists: Every Tuesday 1.30pm - 4pm call <b>01522 554673</b> and ask for the Helpline</li> </ul>

## Name

## Contact info

Lincolnshire Parent  
Carer Council

Email: [enquiries@lincolnshireparentcarercouncil.org.uk](mailto:enquiries@lincolnshireparentcarercouncil.org.uk)  
PO Box 1183, Spalding, Lincs PE11 9EE  
[www.lincolnshireparentcarercouncil.org.uk](http://www.lincolnshireparentcarercouncil.org.uk)

Movement 2  
Specialist Equipment Hire

Tel: **0116 2609 510** Mob: **07811 287378**  
[www.movement2.co.uk](http://www.movement2.co.uk)

National Helplines

- Independent Parental Special Education Advice (IPSEA) can offer free, legal advice to parents on SEND - [www.ipsea.org.uk](http://www.ipsea.org.uk)  
**0800 018 4016**
- IPSEA Tribunal Helplines - **0845 602 9579**

Occupational Therapy (O.T.) Team

Referrals are via the Customer Service Centre, Tel: **01522 782111**

Parent Carers of CWDSI (Children  
With Disabilities and Sensory  
Impairment)

Email: [parentcarersofcwdsi@lincolnshire.gov.uk](mailto:parentcarersofcwdsi@lincolnshire.gov.uk)  
Tel: **01522 846911**

Parent Partnership

Tel: **01522 553351** Email: [parentpartnership@lincolnshire.gov.uk](mailto:parentpartnership@lincolnshire.gov.uk)  
[www.lincolnshireparentpartnership.org.uk](http://www.lincolnshireparentpartnership.org.uk)

Portage

- Lincoln & District: **01522 878112** or **07710 796695**
- Spalding & District: **01775 725566** or **07935 417289**
- Louth & District: **01507 603776** or **07900 604923**
- West Lindsey & District: **01427 615498**
- Bourne & District: **01778 425203**
- Boston & District: **01205 363395**
- Spilsby & District: **01790 752441**
- Grantham & District: **01476 564957**

Relate Counselling Service

Relate Lincolnshire Tel: **0845 166 4110**

Sensory Education and Support  
Service

Referrals can be made directly to the service.  
Tel: **01522 553368**

Sensory Impairment Lincolnshire  
County Council Service (SILCS)

SILCS can be contacted on tel: **01522 848295** or **07702 939165**  
Email: [sensorysupport@silcs.org.uk](mailto:sensorysupport@silcs.org.uk) or visit [www.silcs.org.uk](http://www.silcs.org.uk)

Short Breaks Team

c/o Family Information Service, tel: **0800 195 1635** or  
email: [shortbreaks@lincolnshire.gov.uk](mailto:shortbreaks@lincolnshire.gov.uk) or [www.cwdsi.co.uk](http://www.cwdsi.co.uk)

Specialist Changing Facilities

[www.cwdsi.co.uk](http://www.cwdsi.co.uk)

Specialist Nurse Trainers for  
Children with Disabilities

Tel: **01522 521186**

Teeninfoincs - information and  
advice for Lincolnshire Teenagers

[www.teeninfoincs.co.uk](http://www.teeninfoincs.co.uk)

Toy Libraries

- Witham Park, Waterside South, Lincoln LN5 7JN, Tel: **01522 546215**
- Trinity Arts Centre, Gainsborough DN11 2AL Tel: **01427 676655**

Training

For more information about registering for the programme contact  
[shortbreaks@lincolnshire.gov.uk](mailto:shortbreaks@lincolnshire.gov.uk)

# Alternative Language

**This information can be provided in another language or format. For all enquiries please contact 01522 782060.**

## Polish

Ta informacja jest także dostępna w innym języku i formacie. Razie jakichkolwiek pytań zadzwoń pod powyższy numer.

## Portuguese

Esta informação pode ser fornecida em outro idioma ou formato. Para quaisquer inquéritos, contacte o número acima.

## Russian

Эта информация может быть предоставлена другом формате. По все вопросам мвышеуказанному номеру.

## Lithuanian

Ši informacija gali būti pateikta kitoje kalboje ar formate. Visiem pasiteiravimam prašome susisiekti su viršuj nurodytu numeriu.

## Latvian

Ja nepieciešams, šo informāciju varat saņemt citā valodā vai citā formātā. Uzziņām, lūdzu zvaniem pa augstāk norādīto tālruni.

## Slovak

Táto informácia môže byť poskytnutá v inom jazyku alebo formáte. So všetkými otázkami sa prosím obráťte na vyššie uvedené číslo.

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[www.pelicantrust.org](http://www.pelicantrust.org) 01522 513533



## Contacts

**FREEPHONE: 0800 195 1635**

Monday to Friday  
8am - 6pm

### GENERAL ENQUIRIES

Tel: **01522 782033**

Fax: **01522 516137**

[www.lincolnshire.gov.uk/4alldatabase](http://www.lincolnshire.gov.uk/4alldatabase)

Email:

[4all@lincolnshire.gov.uk](mailto:4all@lincolnshire.gov.uk)



**Lincolnshire NHS**

**Lincolnshire**  
COUNTY COUNCIL